## **Coronavirus: Slowing the spread**





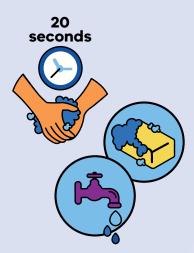
Coronavirus (COVID-19) is a virus that can spread easily from one person to another person.



You can slow down the way the virus is spread.



You must stay at home. It will save lives.



Wash your hands. You should wash your hands for at least 20 seconds with:

soap

• running water.



1.5m

Cover your mouth and nose with a tissue when you need to cough or sneeze. Throw away the tissue.



other people.

When you go outside, stay 1.5 metres away from

If you need a doctor, you should call first.



Or you can call the hotline on **1800 675 398**. It's open 24 hours a day.



Please keep 000 for emergencies only.



There is more information at **www.dhhs.vic.gov.au/coronavirus** 

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